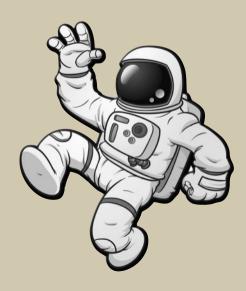
## KICIDAK discovery



the full armor ephesians 6:10





N N N N N



#### **HELLO ASTRONAUTS!**

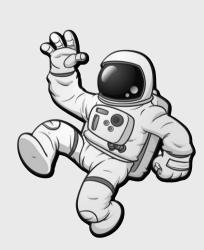
We are so excited! You are going to have so much fun with our **Adventures in Space during KP Discovery Summer Xtreme.** 

Together, we're going to learn about the Full Armor of God. I want you to grab your telescopes as we get ready to explore Adventures in Space. Do you have your Bible ready? The Bible is God's Word! Everything in the Bible is true. Everything you will be learning during Summer Xtreme comes from the Bible.

The next few days, we will be learning about the **Armor of God**. God is strong and wants us to be strong. The way to become strong in the Lord is by putting on the spiritual armor that God has provided. In our Bible, Paul called it the Armor of God.

Even though you cannot see it, we know it is there because God's Word says it is. All you have to do is to pray and ask God to put it on you.

Armor is worn for protection. We need to put on the Armor of God every day. The devil wants us to do wrong and tries to tempt us to do things that we shouldn't do. By putting on the spiritual Armor of God, we will be able to stand up to those things and do what is right!





# summer xtreme Automotive INSPERIOR

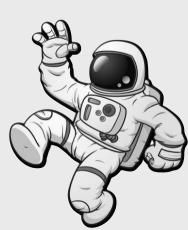
#### EPHESIANS 6:10-18 (NIRV)

Finally, let the Lord make you strong. Depend on his mighty power. Put on all of God's armor. Then you can remain strong against the devil's evil plans. Our fight is not against human beings. It is against the rulers, the authorities and the powers of this dark world. It is against the spiritual forces of evil in the heavenly world.

So put on all of God's armor. Evil days will come. But you will be able to stand up to anything. And after you have done everything you can, you will still be standing. So remain strong in the faith. Put the belt of truth around your waist. Put the armor of godliness on your chest. Wear on your feet what will prepare you to tell the good news of peace. Also, pick up the shield of faith. With it you can put out all the flaming arrows of the evil one. Put on the helmet of salvation. And take the sword of the Holy Spirit. The sword is God's word.

At all times, pray by the power of the Spirit. Pray all kinds of prayers. Be watchful, so that you can pray.

Always keep on praying for all the Lord's people.





### THE BELT OF TRUTH AND THE BREASTPLATE OF RIGHTEOUSNESS

Did you know a firefighter wears a special suit to avoid getting burned by fire? A police officer also wears a special uniform for protection as well. And of course, an astronaut wears a special suit to keep safe while in space.

Well, the Bible talks about a special suit that each of us need to wear as well! It's called the Armor of God. When Paul wrote about this special armor, he described what a soldier wore to protect himself in battle. And as we go off to fight the good fight of faith, we too need to put on something to protect ourselves!

First, you need to put on the **Belt of Truth**. The truth is God's Word. When you come to church and learn about God's Word or your parents read you the Bible or you read the Bible, you are putting on the Belt of Truth. You must learn and believe God's Word. God also wants you to be truthful. You should always tell the truth, even if it means you might get in trouble for something that you did or didn't do. The devil will tempt you to lie, but by putting on the armor of God, you can stand and do what is right.

The next piece in the Armor of God is the **Breastplate of Righteousness**. This piece of armor protects your heart. God always wants you to make the right choice; to choose to do the right thing every day. Sometimes we mess up and do the wrong thing. The devil tries to make you feel bad for the wrong things you have done. When you ask Jesus to forgive you, He forgets about the things that you have done wrong. Stand up and tell the devil, "NO, I won't listen to your lies. I will stand on what God says. He loves me no matter what!"



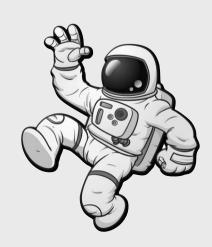


#### **PRAYER**

Dear God, Thank you for loving us so much that You gave us a way to protect ourselves against the devil; by putting on the Armor of God. Help us to do what is right and to always tell the truth. As we learn about Your Word, help us to learn more about who You are and how You want us to live. You knew our heart needed to be protected and that is why You gave us the Breastplate of Righteousness. Help us to be quick to ask for forgiveness when we do wrong. Thank you for Your Word and loving us.

In Jesus name we pray, Amen.







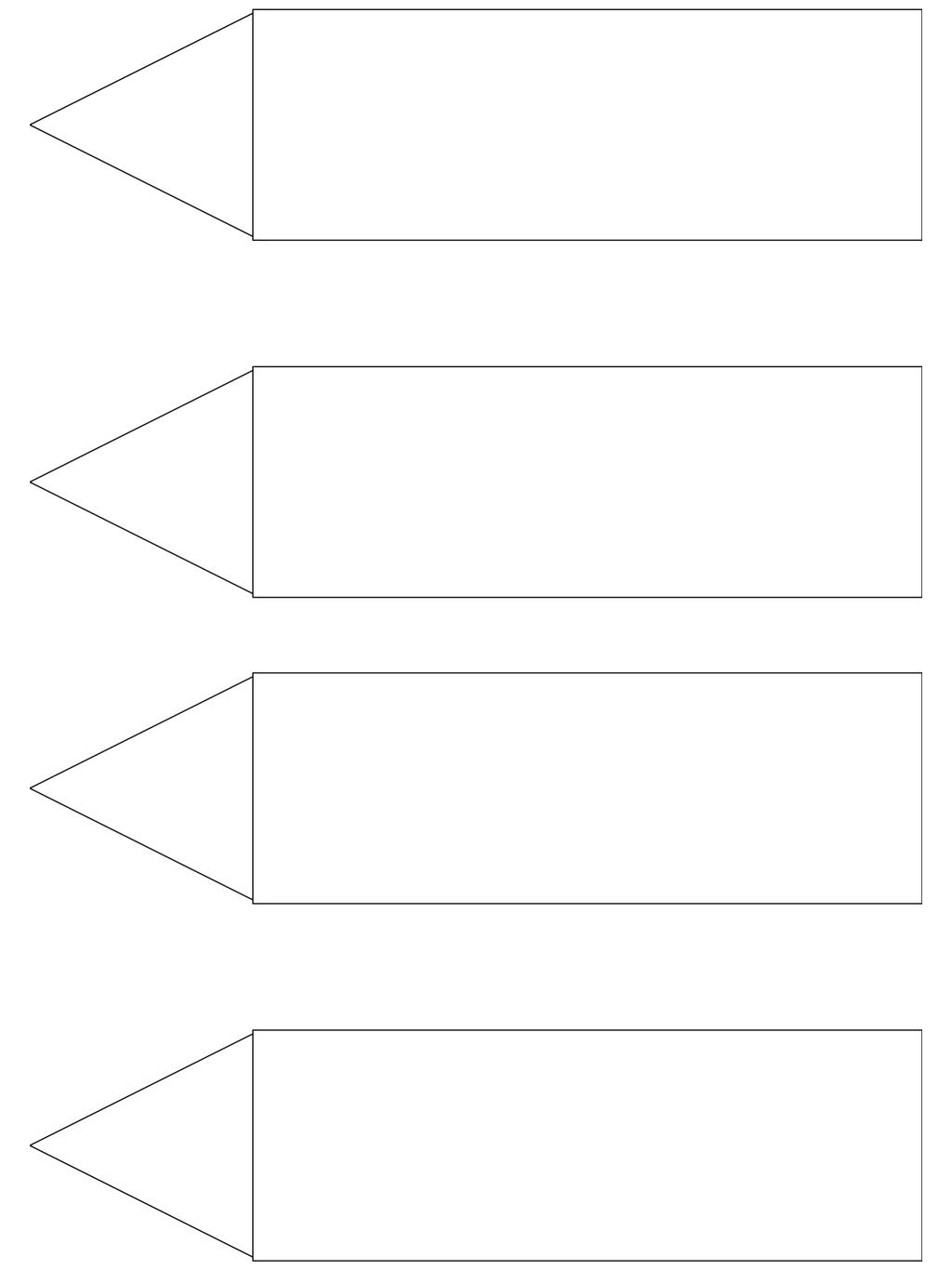


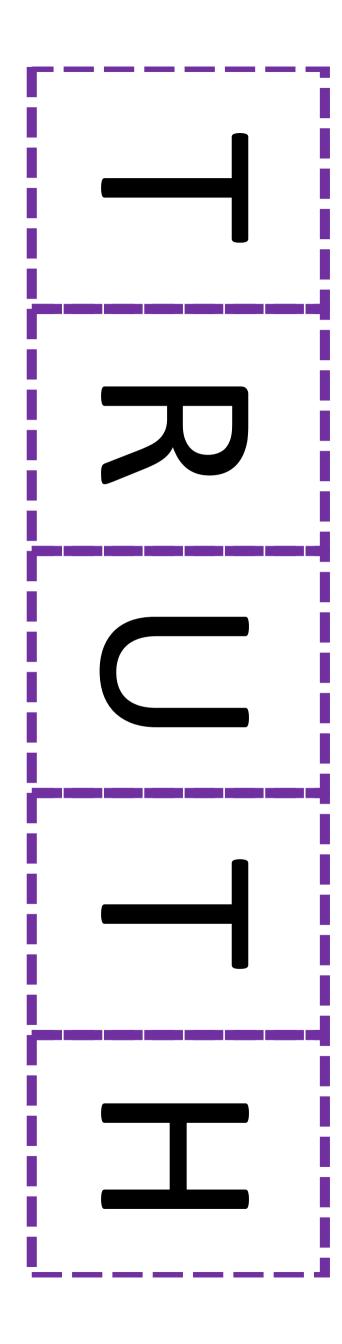
- ☆ One strip of poster board for the belt
- ☆A hole punch
- A truth printout, found on following page
- ☆ Four card stock cutouts
- A glue stick or glue
- Crayons, markers, or colored pencils
- **⇔** Scissors

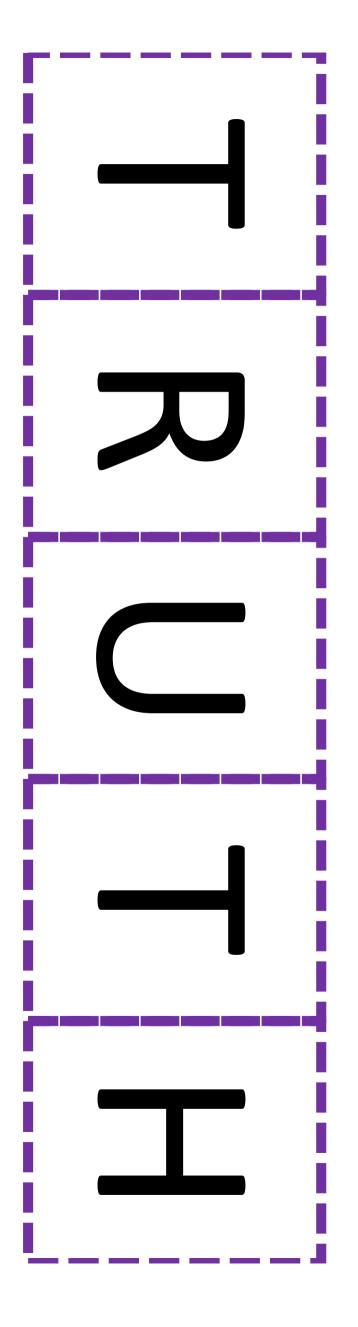


- 1. Cut out a two inch strip from the long side of the poster board.
- 2. Punch holes on each end of the poster board strip, and thread yarn through the holes.
- 3. Cut out four shapes of the truth printable.
- 4. Color each shape and strip.
- 5. Cut out the letters that spell the word "TRUTH." You can cut them out individually, or keep the entire word together.
- 6. Glue each decorated pieces to the back of the strip.
- 7. Glue the word "TRUTH" to the center of the front of the strip.
- 8. Use the hole punch and punch a hole on each end of the strip and tie the yarn or ribbon through each hole.
- 9. The belt stands for integrity of character; truthfulness. In other words, make sure to always tell the truth!







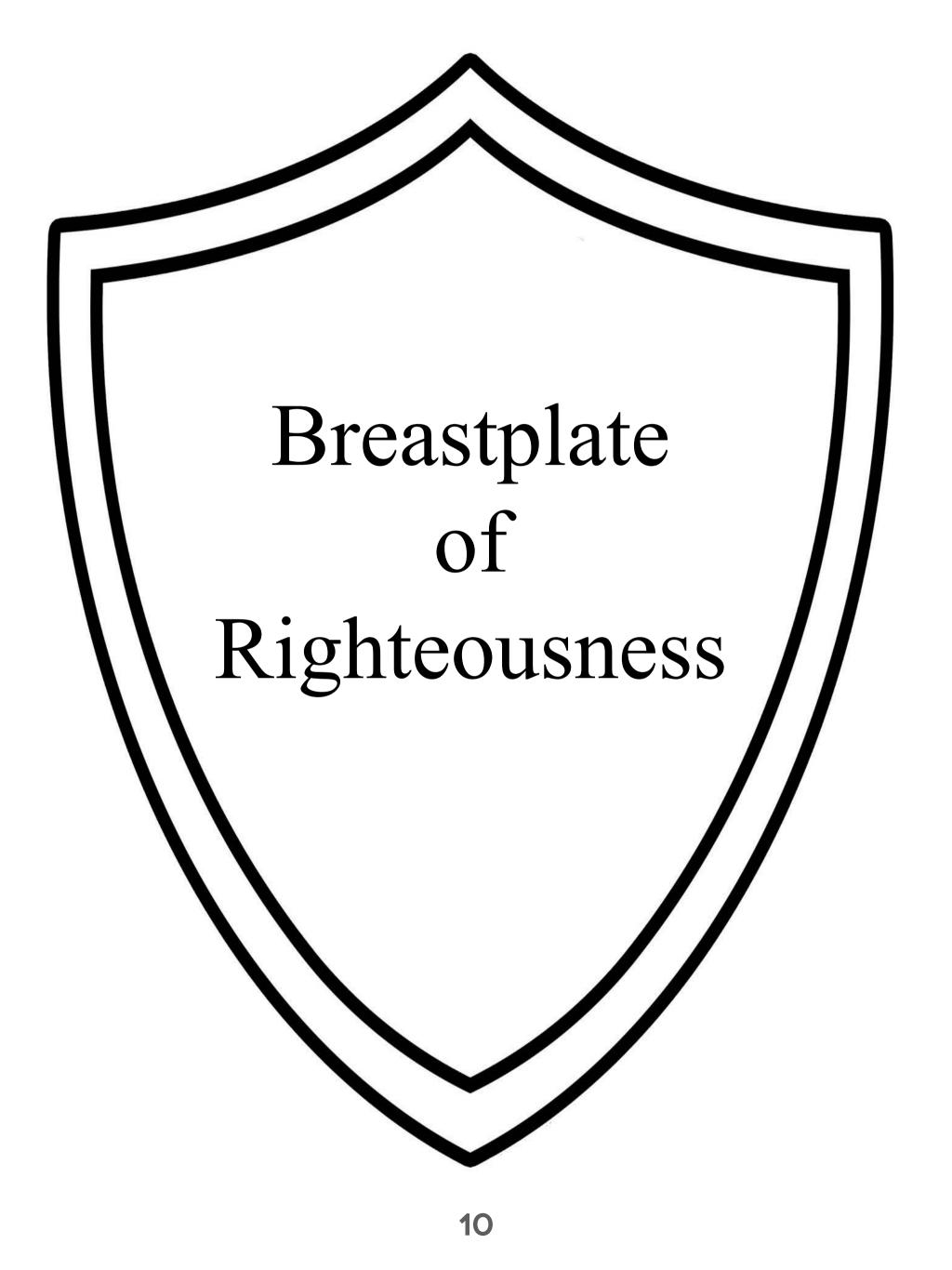




- ☆ One piece of poster board
- A breastplate of righteousness printout
- ⇔ Glue stick, glue, or a stapler
- Crayons, markers, or colored pencils
- **☆** Scissors



- 1. Cut out a two inch strip from the long side of the poster board and then cut it in half. Now cut the remaining piece of poster board in half.
- 2. Cut out the Breastplate of Righteousness printout.
- 3. Glue the Breastplate cutout to the center of one sheet of poster board.
- 4. Color one side of the two poster boards.
- 5. Glue or staple the two inch strips on each side of the poster board with the cutout. Then glue or staple the second poster board to the other poster board with the decorated side facing outward.
- 6. Just like the astronaut wears a chest protector to protect him/her from space, God has given each of us some important tools and weapons to help us be strong. A strong Christian wears his/her armor and believes that God's Word is true.

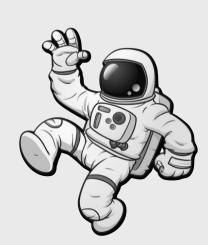




## GOOD NEWS BOOTS AND THE SHIELD OF FAITH

The third piece of the armor of God are the **Shoes of Peace**. We are going to call them the Good News Boots. Your feet help you to go. Jesus wants you to get up and go to tell others about Him and how much He loves them. When you tell others about Jesus and the things God is doing in your life, you are being a disciple. You are going out and telling others about Jesus. The more you come to church or visit online to learn about Jesus, the more you can tell others about Him.

The next piece of armor is the **Shield of Faith**. The devil throws fear, doubt, discouragement, and temptations at us. When you hold up your shield, these things will bounce right off. God gave you this shield so that you could have victory. When the devil puts thoughts in your head such as being afraid to ride your bike without training wheels, or going to a new place and meeting new people, God gave you the Shield of Faith to use to fight fear. God is a God of peace. The devil tries to make you afraid. What do you do? You stand and tell the devil, "NO, I won't be afraid. God did not give me a spirit of fear!"

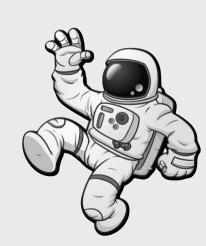




#### PRAYER

Dear God, You gave us Good News Boots so we can tell others about Your goodness. You gave us the Bible to help us know who You are and how to live our lives. Guide us in everything that we do and say. Help us to be bold in telling people about You. Thank you for loving us so much that You gave us spiritual armor to protect us. Help us to put on the full Armor of God every day. We love You. Thank you for all you do for us.

In Jesus name we pray, Amen.



# summer xtreme NEPALE INSPEC

# SUPPLY LIST ☆ A pair of white athletic socks ☆ Washable markers

- 1. Decorate socks with markers get super creative!
- 2. The boots used in space allow the astronauts to stay sturdy and grounded. Here, a foot fitted with the readiness that comes from the Gospel of Peace refers to standing strong in the Word of God. It refers being ready to spread the Gospel. Make sure you always talk about God.





# SIM CO

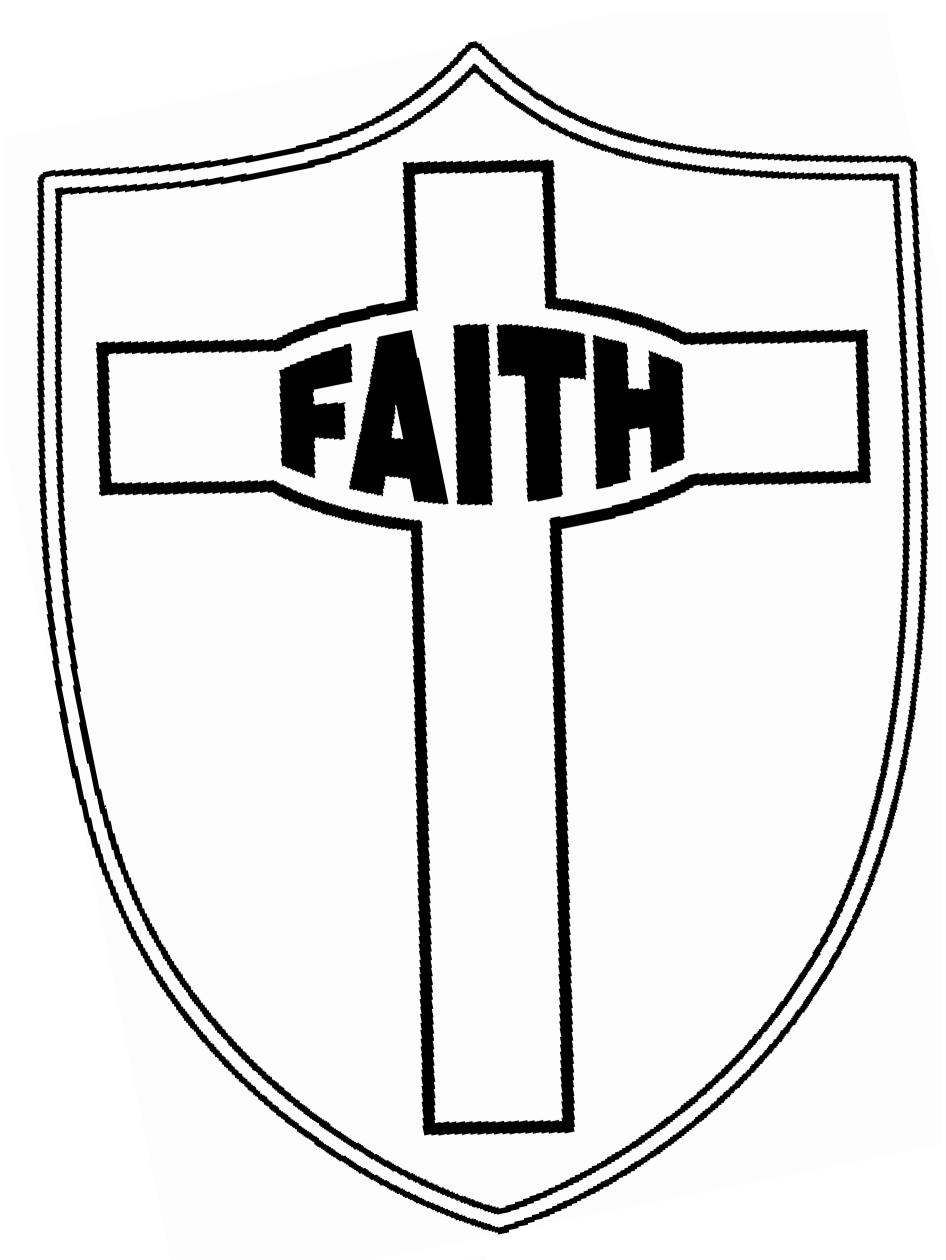
#### SUPPLY LIST

- ☆ Shield of Faith printable
- ☆One sheet of 8X10 paper, cut in half lengthwise
- Crayons, markers, or colored pencils
- Glue, or a stapler
- **☆** Scissors

- 1. Color the shield of faith and then cut it out.
- 2. Fold the half sheet of paper in half and then fold again.
- 3. Glue or staple the ends of the folded strip to the back of the shield to form a handle.
- 4. A shield is used in battle to deflect objects during battle. Our Shield of Faith is our faith that saves us. Always have faith in God.







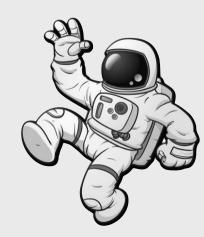


### THE SWORD OF THE SPIRIT AND THE HELMET OF SALVATION

The next piece of the Armor of God is the **Sword of the Spirit**. It is given to you to attack the enemy. Take a look at a Bible in your home, and hold it up high if you can. That Bible is the Word of God. It is provided to you to deal with every problem and to answer every attack from the devil. Inside, God gave us these things to protect us. When you memorize Bible verses, it is to know the Word of God so when the devil lies to you, you can stand on what God says.

The last piece of armor we'll be talking about goes on your head! It's the **Helmet of Salvation**. This protects your mind from stinking thinking. The devil tries to put bad, mean, or even selfish thoughts in your head. He wants you to mess up. The Helmet of Salvation protects you from the devil's lies. God wants us to come to Him and pray every day.

Praying is simply talking with God. If you need help or if you are unsure about what to do, ask God and He will help you. God also wants you to pray for others. God wants us to live a life of prayer; talking to God anytime, anywhere, and about anything. God is always with us and He always listens to and answers prayer. When the devil is telling you lies, talk to God. Pray for the full Armor of God. He loves you and wants to protect you.

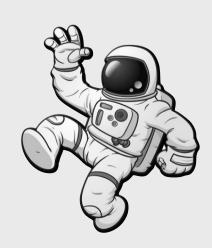




#### PRAYER

Dear God, Thank you for the Armor of God so when temptation comes, we can make good choices and win against the devil. Thank you for loving us so much that You gave us spiritual armor to protect us. Help us to put on the full Armor of God every day. We love You.

In Jesus name we pray, Amen.



S D D

#### **SUPPLY LIST**

- ☆ One pool noodle
- ☆ One sheet of foam
- **☆** Scissors
- ☆ For grown-ups only: a serrated knife, in case you need to shorten your sword!



- 1. Use the pool noodle's end to trace two circles, one on each end of the sheet of foam, and then cut out the circles.
- 2. Overlap the circle cutouts on the foam sheet and slide it over one end of the pool noodle.
- 3. Spread out the foam sheet to form the handle.
- 4. The Sword of the Spirit refers speaking the Word of God. God want us to spread His Word by telling others about His goodness.

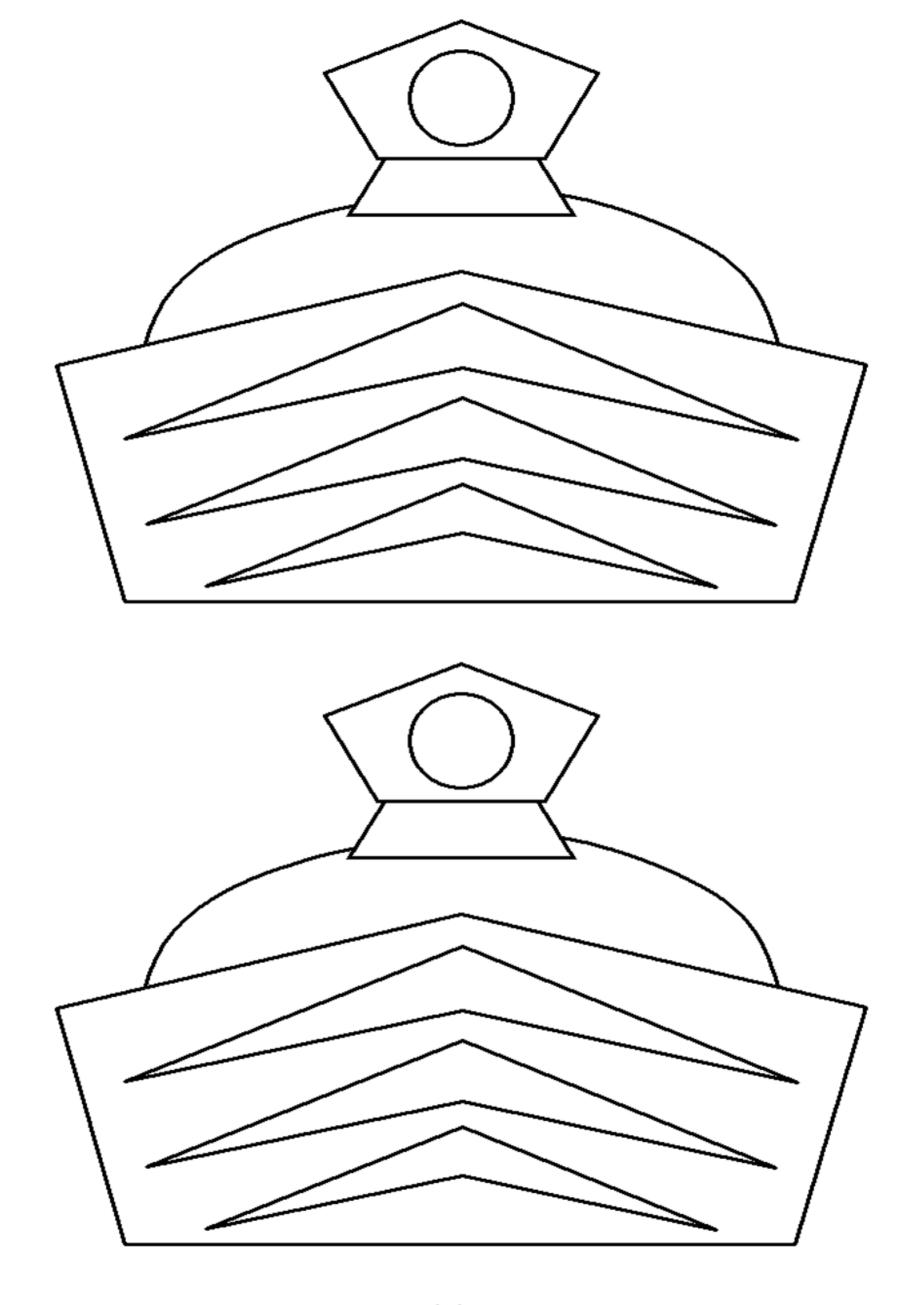




- ☆One helmet printout
- A strip of poster board, cut lengthwise two inches in width
- ☆Glue stick, or glue
- ☆A stapler
- Crayons, markers, or colored pencils



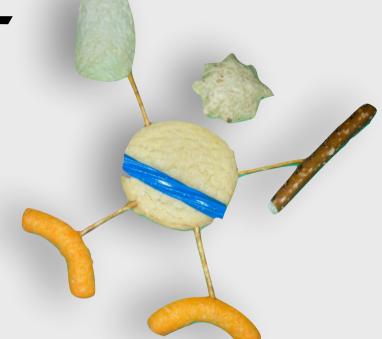
- 1. Cut out a two inch strip from the long side of the poster board.
- 2. Cut out helmet, decorating it with crayons, markers, or colored pencils.
- 3. Glue helmet to the center of the strip of poster board.
- 4. Decorate the strip after helmet is glued in place.
- 5. Have a parent measure and staple the strip in the form of a headband. Be sure when stapling, staple the flat end of the staple to the inside of the headband. This will prevent injury to the child.
- 6. A helmet protects the head. Putting on a Helmet of Salvation reminds us to remain strong in our faith and our hope in salvation. God has saved us through Jesus!







- ☆A sugar cookie
- A Tostitos Scoops tortilla chip
- ☆ Half of a Rainbow Twizzler Twist
- ☆A Pringles chip
- ☆ Half of a pretzel rod
- ☆Two Cheetos Puffs
- ☆ Four pretzel sticks



- 1. Place the sugar cookie in the center of a napkin or plate for the Breastplate of Righteousness.
- 2. Then put the scoop on the top of the cookie for the Helmet of Salvation.
- 3. Lay the Twizzler near the bottom of the cookie for the Belt of Truth.
- 4. Put the pretzel sticks as the arms and legs.
- 5. The Pringle will go on the end of one arm for the Shield of Faith.
- 6. The pretzel rod will go on the end of the other arm for the Sword of the Spirit.
- 7. The Cheetos will go on the bottom of the legs for the Good News Boots.

